



Student Health & Wellness Committee Second Meeting Minutes

May 6, 2022

1:30 to 3:30 PM

Alvin E. Morris (Room 109)

Attendees: Fabián Armendariz, David Paul, Patrick Green, Kari Rinker, Holly Yager, Diane Smith, Patty Stuever, Terri Moses (Guest), Stephanie Anderson (Guest), and Jennifer Coats

I. Grounding Activity

Introductions and as mentioned at our last committee meeting, we have Terri Moses, Director Safety & Environmental Services and Stephanie Anderson Student Support Guidance and Counseling as guests to cover our Special Topics.

II. Special Topics

a. Substance Abuse Prevention Initiatives – Terri Moses

We are working to change the way people think about Substance Abuse, we want to remove the stigma of poverty and criminal activity that comes with substance abuse. We need to focus on preventing substance abuse and treating it as a health problem.

Our department provides a list of creditable community service to support families, tips for talking to your child about drugs, guns, social media usage, etc.

Unfortunately, we have to provide a police report per KSA 73-6143, if a student is in possession of drugs, paraphilia, alcohol or weapons of any kind.

Recently E-cigarettes and vaping were added to our tobacco policy (2379), these items are not prohibited on school property.

Mandatory DIA (Drug Impairment Assessment Training) training to Security and Nurses a systematic approach to recognize and evaluate students who are possibly under the influence of drugs and/or alcohol. Studies have shown middle school age is the “experimental time.”

Partnering with Safe Streets, Sedgwick County Sheriff’s Department and Wichita Police Department to provide awareness and education Teen Drug Summit was created prior to COVID for the Wichita area, middle schools and high schools; attending presentation included information on drug abuse prevention, addiction, vaping and recent drug trends.

b. Mental Health Initiatives – Holly Yager & Stephanie Anderson

Since COVID we've added 10 counselors, psychologists and training staff on awareness, preventions, and mandate reporting. These additional positions are ESSER funded and there are concerns about what will happen to them once those funds have expired.

The Mental Health Matters website provides hotline for students who need to connect with other students or counselors. Parents will also find information to help them communicate with their children, recognize signs of depression, substance abuse and suicide.

Also, collaborating with community services allows feedback to the building team when a student has been hospitalized for mental health reasons.

III. WPS Health Related Updates (*5 minutes each*)

a. Physical Education Instruction

Elementary – Diane Smith

The beginning of returning to normal with COVID restrictions lifting.

Secondary – Rebekah Winter – *Absent*

b. Health – Kimber Kasitz

Nurses will be available at our summer sites. COVID vaccinations, boosters (12 and up) and testing for staff, students (5 and up) and staff's family members will remain available throughout the summer at AMAC.

Applied for a GRANT through KSDE that would allow us to test not only COVID, but Influenza and provided us with COVID, Influenza and other children's vaccinations for the next two years.

IV. Nutrition Services – David Paul

Congress did not extend the School Menu Program, so Nutrition Services will start notifying parents by e-mail on Monday, the 9th of the transition back to Free and Reduce and brainstorming ideas for pushing out social media notifications. 75 percent of students would qualify if parents would complete the form; unfortunately, the form is not available until July 1, 2022.

V. 2022-23 Goal Setting

We ran out of time before we could discuss our goals; this will be on our next agenda.

VI. 2023-23 Topics of Interest

Domestic Violence/Dating Violence

Consider new members who are willing to participate in the committee.

VII. 2022-23 Meeting Schedule

Will schedule two meetings for the upcoming year, each 1.5 hours. Will try to schedule of these at a school and the other at SSC.

VIII. Open Agenda - *None*

IX. Closing

Thank you all for coming! Thank you for the work you do so that our students can DREAM, BELIEVE and Achieve!